

I found healing in a Christian Science Reading Room Can anyone visit one?

A Christian Science Reading Room is part bookstore and part library. Its purpose is to make available to the public resources that nurture spiritual discovery and healing.

I found it did just that when I was struggling at one time in my life. A lack of direction and isolation from family and friends led me to spend time in a Reading Room quite often. Disappointed by the sometimes-insensitive religiosity, disheartening agnosticism and mindless positive thinking prevalent in the community, I was on a quest to find something truly fulfilling.

I can say that each time I visited, the loneliness and dark cloud of purposelessness lessened. The spiritual resources brought me comfort and clarity on how to think about my life from a healing perspective. I learned that true happiness and spiritual growth spring from simply getting to know God better, as ever-present Life, Truth and Love, and recognising man as His spiritual image and likeness.

There are online as well as print materials available now. When you first go in, you will probably see a selection of Bibles and Bible

resource books, as well as the Christian Science textbook, *Science and Health with Key to the Scriptures* by Mary Baker Eddy, available for purchase. A librarian will be there to greet you, answer any questions you may have, or just invite you to browse. You will also find the Pulitzer-prize-winning newspaper, *The Christian Science Monitor*; Christian Science magazines, which include authenticated testimonies of healing through prayer alone; and a variety of biographies on Mary Baker Eddy, the discoverer and founder of Christian Science.



One of the most unique parts of a Reading Room is the quiet study room where anyone can study, read and pray. These public places are a resource for anyone on a quest for spiritual understanding, as I was, and are open to people of all faiths, backgrounds, and ways of life.

Next time you pass the Christian Science Reading Room in Gosford, I hope you will feel free to visit. You will find us at 56 William Street. Trading hours: Monday–Friday 10am to 3pm (except public holidays). Phone: 4325 1674

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www.health4thinkers.com

Check out the What's on pages at the back of this magazine for your invitation to a public talk titled 'Practising Christian Healing Today' – 25th November